

Missionary Messenger

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The Ground Rules of Anger

"Be angry, yet do not sin." Do not let the sun set upon your anger, and do not give the devil a foothold. ~ Ephesians 4:26-27 (BSB)

We have been studying what the Bible says about anger in our Sunday morning service. It has been a good series for me to go through. The Bible has a lot to say about anger. Anger is a God -given emotion that even Jesus experienced. The passage above clearly gives us permission to get angry. Too many Christians suppress the emotion of anger because of a misunderstanding of this truth. When we see someone being mistreated it is ok to be angry over this. The keys to dealing with this is also found in this passage. The first truth is to not let the sun set upon our anger. This means that we should not bottle up our anger but we should communicate our displeasure at injustice. We cannot fix every wrong in the world but we should at least try to express our feelings to someone. I have found that having someone to talk to does help in venting my anger. This someone can be a trusted person, sometimes the person who is angering me, and even God Himself. The second truth regarding expressing anger and not allowing it to become sinful is to recognize the potential of our spiritual enemy, the devil, using our anger as a place of advantage for him. Letting your anger go unresolved leads to other things that can destroy us.

We live in a time of much anger. The core of anger is unmet expectations. I have found that using a person as a sounding board helps me to decipher if my anger is justified or a result of unrealistic or selfish expectations. My unrealistic and selfish expectations are my issue not the other parties issue. This is something that I must constantly evaluate what makes me angry to keep these expectations godly. I am often catching myself trying to play God in regards to anger. I can lower my anger threshold by just extending grace and mercy to the circumstances and give the situation over to God to deal with. This truth guides my anger, "There is a God and I am not Him."

I will be continuing this series for the entire month of November. Please join us as we seek to live by the truth of Ephesians 4:26-27.

In Christ, Pastor Ken





CONNECTION NOTES: Color Me Gray: A Contemplation

A while back, when I damaged my glasses, I had to use my prescription sun glasses while my regular glasses were being fixed. During that period my vision was affected. Of course, the color was distorted, but things were less clear. Lines were not as crisp and clear and it was more difficult to read text. I also had to turn on lights at times to see objects.

As one who likes, REALLY likes, light, my emotions were impacted also. It was more difficult to get my day started. I seemed to drag my feet about normal daily activities. And I wanted sleep more. In effect, hibernate!

I started thinking that maybe, just maybe, this could be a symptom of our lost world. Maybe the dark coloring of sin causes our lost friends and family to be stuck hibernating. Stuck because they do not know there is anything wrong with their grayness. Stuck in a world absent of light. Living the best life they can in the dark because the dark has affected their vision.

Yet, if that is the case, we have the antidote! Jesus said that He "was the light of the world". And He was the lone path to the Father. If we are following Jesus, we hold the antidote in our hands. In a sense, it goes where we go.

Last month we thought about where we have been placed for a purpose. This month, a lot of us will be visiting family and friends for the Thanksgiving holidays. We will be going places or visiting people we don't see as often. When we do, let's challenge ourselves. Let's remember we have an amazing Redeemer who loves, not only us, but also those living in the dark. Take the power of the Spirit of Christ with you and offer the antidote of love wherever/ however possible.

May this Thanksgiving be a holiday of rejoicing over new sight! Have a happy Thanksgiving!

In love and grace, *Sue*

CONNECTION ACTIVITIES:

November 26th: Thanksgiving Carry-in after the morning service.

Bring a dish or two to share with all. Coffee and water will be available.

December 2nd Ladies Out and About: Annual Trip to Wawasee Craft Festival

Leave from church @ **8:00**. We will stop for lunch afterwards, so plan accordingly.

December 10th @ 5:30 Christmas Party and White Elephant Grab.

Bring a couple "white elephant " gifts you "purchased" from the things in your home. Plan on playing this fun and everchanging game with us. Come dressed in your favorite Christmas tree colors!!!



I want to introduce myself! I'm Amanda Burns, I am super excited to lead the education director position here at North Manchester Missionary *Church*!

Great news! The nursery is back up and running, hooray! My husband Rocky and I will be tag teaming to provide care for ages newborn to 3 year old for 9am Sunday school and 10am worship service as well!

Mrs. Denise is still leading and teaching children's church down in Kids Kingdom during the 10am church service with her helper Ms.Judy!

Youth group meets on Wednesday's here at the church at 7pm. Jesse is doing a great job leading the youth!

Men's and women's Bible studies are on Tuesdays at 630pm. Childcare will be provided in the nursery room. I am more than happy to take care of and interact with your children showing them Christ's love!

Sunday School is led by Pastor over Revelations. Get into the scriptures and let's discuss what in the world does it all mean!

Join us as we grow in God's love and be knitted together in fellowship and discipleship. Come as you are! We all need one another!



Who Are We?

Pastor: Ken Sistrunk 260-229-5949 (cell) PastorKenNMMC@gmail.com Elders: Dave Jackson (vice-chairman), Tim Baker, Jon Gnagy Directors:

Christian Ed: Amanda Burns Outreach: Sue Howard Stewardship: Tim Baker Worship: Jon Gnagy Secretary: Joanne Sistrunk manchestermissionary@gmail.com

HOLY BIBLE

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Memory Verse of the Month! Ephesians 4:26-27

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