

A Heart Check-Up

Pastor Ken Sistrunk

Proverbs 24:10-18 ¹⁰If you faint in the day of distress, how small is your strength! ¹¹Rescue those being led away to death, and restrain those stumbling toward the slaughter. ¹²If you say, “Behold, we did not know about this,” does not He who weighs hearts consider it? Does not the One who guards your life know? Will He not repay a man according to his deeds? ¹³Eat honey, my son, for it is good, and the honeycomb is sweet to your taste. ¹⁴Know therefore that wisdom is sweet to your soul. If you find it, there is a future for you, and your hope will never be cut off. ¹⁵Do not lie in wait, O wicked man, near the dwelling of the righteous; do not destroy his resting place. ¹⁶For though a righteous man may fall seven times, he still gets up; but the wicked stumble in bad times. ¹⁷Do not gloat when your enemy falls, and do not let your heart rejoice when he stumbles, ¹⁸or the LORD will see and disapprove, and turn His wrath away from him. (BSB)

I. Here are the details of this passage.

- A.** We must be willing to see ourselves **honestly**. V. 10
- B.** We must be **defenders** of life. V. 11
- C.** We will face accountability for what we **know**. God looks at our heart. V. 12
- D.** Wisdom is to be **desired**. We are to see wisdom as one would crave something sweet. V. 13-14
- E.** God oversees the **safety** of the righteous. V. 15-16
- F.** We are not to **gloat** when bad things happen to people who deserve it. V. 17-18

II. How can we apply these truths to our life?

- A.** Honest evaluation should lead to **humility** on our part toward others.
- B.** We should look for ways to **protect** and **preserve** human life.
- C.** We should be in **accountability** relationships with other Christians.
- D.** We must evaluate our heart to see if wisdom is a **priority** for us.
- E.** We must develop a **commonsense** safety system for us and our family. However, God is ultimately protecting us, we must trust in him.