

**A Heart Check-Up**

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**Proverbs 24:10-18** <sup>10</sup>If you faint in the day of distress, how small is your strength! <sup>11</sup>Rescue those being led away to death, and restrain those stumbling toward the slaughter. <sup>12</sup>If you say, "Behold, we did not know about this," does not He who weighs hearts consider it? Does not the One who guards your life know? Will He not repay a man according to his deeds? <sup>13</sup>Eat honey, my son, for it is good, and the honeycomb is sweet to your taste. <sup>14</sup>Know therefore that wisdom is sweet to your soul. If you find it, there is a future for you, and your hope will never be cut off. <sup>15</sup>Do not lie in wait, O wicked man, near the dwelling of the righteous; do not destroy his resting place. <sup>16</sup>For though a righteous man may fall seven times, he still gets up; but the wicked stumble in bad times. <sup>17</sup>Do not gloat when your enemy falls, and do not let your heart rejoice when he stumbles, <sup>18</sup>or the LORD will see and disapprove, and turn His wrath away from him. (BSB)

**I. Here are the details of this passage.**

- A.** We must be willing to see ourselves \_\_\_\_\_. V. 10
- B.** We must be \_\_\_\_\_ of life. V. 11
- C.** We will face accountability for what we \_\_\_\_\_. God looks at our heart. V. 12
- D.** Wisdom is to be \_\_\_\_\_. We are to see wisdom as one would crave something sweet. V. 13-14
- E.** God oversees the \_\_\_\_\_ of the righteous. V. 15-16
- F.** We are not to \_\_\_\_\_ when bad things happen to people who deserve it. V. 17-18

**II. How can we apply these truths to our life?**

- A.** Honest evaluation should lead to \_\_\_\_\_ on our part toward others.
- B.** We should look for ways to \_\_\_\_\_ and \_\_\_\_\_ human life.
- C.** We should be in \_\_\_\_\_ relationships with other Christians.
- D.** We must evaluate our heart to see if wisdom is a \_\_\_\_\_ for us.
- E.** We must develop a \_\_\_\_\_ safety system for us and our family. However, God is ultimately protecting us, we must trust in him.